

**Variyar Medical College & Hospitals,  
Salem - 636308.**

**Vinayaka Mission's Research Foundation (Deemed to be University)**

## **Medical Education Unit**

**Cordially invites students for**

**MEGA  
(Medical Education & Global Advancement)  
Webinar Series 2021 – 03**

on

**Stress management –  
Tools and Techniques**

**Date**

**19.06.2021**

**Time**

**11.00 am – 12.00 pm**



**Dr. Sheerin Fathima A.S.,**

**Senior Resident, Department of Psychiatry,  
Vinayaka Mission's Kirupananda Variyar  
Medical College & Hospitals, Salem.**